

Your View



by Bess Cutter

Your belief system is the actual set of precepts from which you live your daily life. To give it some meaning, positive or negative. A belief system is a mental system consisting of interrelated items of assumptions, beliefs, ideas, and knowledge an individual holds - anything concrete (person, group, object, etc.) or abstract (thoughts, theory, information, etc.). It comprises an individual's world view and determines how he or she abstracts, filters, and structures information received from the world around them. It is also called a cognitive system.

One very important question each person must ask is, "What defines me?" The response to the answer depends upon where you mentally and spiritually live your life. More importantly, what thoughts built the belief system that supports the life you are living? How much of this belief system is compromised or tolerated for family, friends, religion, or professional convenience? As stated in a previous article, life is a continuous learning experience.

My view: Many in the groundwater/oil/geothermal industry already understand my life (outwardly) is a dichotomy. In one aspect of my life I am a Certified Master Dowser. The religious background that formed my belief system was evangelical and many believe (judge) one aspect should cancel the other. My church doctrine believes dowsing is of the devil - not to be practiced or held as a priority, ever.

In another aspect of my life, I am a licensed Reverend in Virginia. My M.B.A. is in biblical and esoteric studies with emphasis on missionary work. This, I believed, is one lifelong profession. One marriage and 56 years later, I have not changed my fundamental, core religious beliefs. I have, however, chosen my thoughts, perceptions, and priorities many times over. In recent years, I have found it prudent to embrace (choose) new precepts daily. This is called per-

sonal, mental, and spiritual growth toward establishing core harmony of faith and personal beliefs. Spiritually, it is a maturing of the soul, creating harmony with the personal aspect.

My childhood religious training has given me a wonderful foundation upon which I have formed my core belief systems. As a child, I understood at the core of my being that all thoughts, perceptions, and beliefs are chosen as needed by the soul of the personality. Once these perceptions are acted upon, a belief harmonizes with other established beliefs, creating a belief system. This system then becomes a continuous belief system that matures as the personality grows (matures) in mental knowledge, wisdom, and understanding.

It is the responsibility of the physical personality to define your self.

We previously talked about *The 7 Day Mental Diet*. To refresh, it is a book about the thoughts you feed your mind that define the conditions of life. The thought I choose to dwell upon is the only causative force in my life. The mental golden nuggets: Change my mind... Change my life!

We previously talked about forgiving yourself your imperfections. Forgive others their imperfections. Apologize if you must, then move on and consider what part you played and what lessons you learned - knowledge, wisdom, understanding. Remember the importance of responding, not reacting. Most important is your gift to yourself. Stop the fighting within yourself.

We previously talked about tolerance and the positive and negative influences. It is now vitally important to understand how to let go of what no longer serves you. We carry within us a divine blueprint of powerful and timeless principles to be able to choose to reverse (let go) all emotional, mental, and personal thoughts, perceptions, and beliefs to include all belief systems unto all that no longer serves. This divine blueprint within can now reveal to you everything you need to know.

Be willing to let go of all emotional baggage - all those issues you wrote out for your seven-day mental diet. Choose to put yourself as a priority. It is so simple. Choose what you need. Should some event cause a shock to your system, give thanks! "Your Self" is revealing to you that you are at breakthrough. Your core belief seeks harmony with your spiritual beliefs thus creates your continuous belief system which is matur-

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ing as you choose more knowledge, wisdom, and understanding.

IT IS SO SIMPLE! Start each day investing in "Your Self." Believe in your divine self! You are divinely perfect!

The statements and comments in this article are my own and are based on information and references believed to be true and factual. If you have any questions or comments, please forward them to me care of WWD.R.

Let us continue next month.

Bess

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